



ASPIRE Monthly Webinar Wednesday March 9th 3-4pm ET

TOPIC: Protecting Your Brain Requires Wanting to From The Heart *with* Deepak L. Bhatt, MD, MPH,
Director of Integrated Interventional Cardiovascular Program at Brigham and Women's Hospital

Zoom: 983 729 6967 Passcode: aspire

Recruitment Update

ASPIRE Participants
66

Since Last Newsletter...

Consents	10
NYU Langone Hospital - Brooklyn	2
Rhode Island Hospital	1
The Queen's Medical Center	1
The University of Vermont	2
UC Davis Medical Center	1
UVA Medical Center	1
University of Chicago	1
University of Nebraska	1

Randomizations	7
NYU Langone Hospital - Brooklyn	1
Oregon H&S University	1
The University of Vermont*	1
UC Davis Medical Center*	1
UH Cleveland Medical Center*	1
UVA Medical Center	1
University of Nebraska*	1

***Congratulations
for 1st
Randomizations!**



Marco Castellon (SUBI), Pierre Fayad (PI),
Helen Obaro (PSC), Deb Heimes (SSC)



Amy Hyatt (PSC), Kwan Ng (PI), Cynthia Jones (SSC)



University Hospitals



Abhishek Ray (PI),
Gordon Williams (PSC-
not pictured)



Chris Commichau (PI)
Nigel Miller (PSC)

ASPIRE is not just for Spontaneous ICH



- Patients with traumatic brain injury are vulnerable to recurrent stroke.
- Limited observational data suggest a net benefit for reduced stroke risk in patients receiving AC following TBI.

ASPIRE enrolls patients with traumatic ICH.

NEED MORE SUPPLIES?

Email ASPIRE@Yale.edu if you need additional supplies.

- Patient Brochures (English or Spanish)
- Inclusion/Exclusion Pocket Cards

Question Corner

How do I assess my ASPIRE subject's blood pressure if he doesn't come back to clinic for follow-up contacts?

In ASPIRE, although medical management of vascular risk factors (e.g., BP, lipids, glucose, weight, alcohol, smoking) is the primary responsibility of each subject's PCPs, blood pressure should be assessed at each follow-up contact to ensure that this important risk factor for recurrent ICH is addressed (see Form 117 Vital Signs in WebDCU).

If you are conducting a follow-up contact remotely, please follow these procedures for blood pressure assessment:

1. Record self (or surrogate)-reported BP obtained using a home measurement device on date of follow-up contact. Follow published guidelines for home BP measurement as described in ASPIRE MOP section 10.3.
2. If home BP measurement is not available, review medical record and record latest measures (enter date BP was measured on Form 117).
3. A note should be added to the comments section to describe method used for the recorded BP (home measurement or medical record).

Whether obtained in-person or by these alternative methods, if blood pressure $\geq 130/80$ mmHg, the elevated BP should be discussed with the subject/proxy and subject's PCP and the discussion documented on Form 117.

See **HCP Notification of BP over Goal** template communication in the ASPIRE toolbox.

Randomizations by Site and Year

SITE	2020	2021	2022
Augusta University Medical Center	0	1	0
Cedars-Sinai Medical Center	0	1	0
Central DuPage Hospital	0	1	0
Cleveland Clinic	0	1	0
Harborview Medical Center	1	0	1
Hospital of the University of Pennsylvania	0	1	0
Jackson Memorial Hospital	0	1	0
Kaiser Permanente Los Angeles Medical Center	0	2	0
Kaiser Permanente Sacramento Medical Center		1	0
Mayo Clinic	1	0	0
MedStar Georgetown University Hospital		1	0
Medical University of South Carolina University Hospital	0	2	0
MetroHealth Medical Center	0	1	0
Moses H. Cone Memorial Hospital	0	0	1
NYU Langone Hospital - Brooklyn	0	2	1
North Shore University Hospital	0	1	0
OSF St. Francis Medical Center	1	0	0
OSU Wexner Medical Center	0	1	0
OU Medical Center	0	1	0
Ochsner Medical Center - Main Campus	0	1	0
Oregon Health & Science University Hospital	1	1	1
Prisma Health Greenville Memorial Hospital	0	2	0
Stanford University Medical Center	0	1	0
Tampa General Hospital	0	1	0
The University of Vermont Medical Center	0	0	1
UC Davis Medical Center		0	1
UC Irvine Medical Center	0	3	0
UH Cleveland Medical Center	0	0	1
UPMC Presbyterian Hospital	1	2	0
UVA Medical Center	0	1	1
University of Alabama Hospital	0	2	0
University of Chicago Medical Center	0	0	1
University of Cincinnati Medical Center	0	2	0
University of Iowa Hospitals & Clinics	3	1	0
University of Nebraska Medical Center		0	1
University of New Mexico Hospital	0	3	0
University of Texas Health Science Center San Antonio	0	1	0
University of Utah Healthcare	1	0	0
Wake Forest Baptist Medical Center	1	2	1
Yale New Haven Hospital	1	3	0
	11	44	11

New Sites Released to Enroll

Kaiser Permanente Redwood City Medical Center, Redwood City	Sheila Chan (PI), Nancy Mendelsohn (PSC)
St. John Medical Center, Tulsa, OK	Rahul Rahangdale (PI), Melanie ARNOLD (PSC)

ASPIRE CONTACT INFORMATION

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