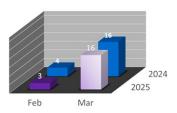
# ASPIRE Newsletter

Anticoagulation in ICH Survivors for Stroke Prevention and Recovery

### Dear Colleagues,



Although we didn't meet our goal for randomizations in February, we hope to repeat the 2024 experience: a quiet February followed by a blowout March this month! We know you can do it.

And thanks to everyone who joined us at the February  $4^{th}$  meeting and dinner in Los Angeles. It was a great turn-out and we hope bringing our colleagues together has reinvigorated those who attended in their efforts for ASPIRE.

### ASPIRE National Team



# RECRUITMENT UPDATE

Since last Newsletter (1/31/25)								
Randomizing Sites	Pts							
St. Cloud Hospital	1							
Prisma Health Greenville Memorial Hospital	1							
Ochsner Medical Center - Main Campus	1							
TOTAL	3							



### Target=700

381

**Participants** 

## New Science



- During our February Webinar, we discussed the PRESTIGE-AF trial results presented at the 2025 ISC (*recording and slides posted on https://nihstrokenet.org/trials/aspire-trial/webinars*). The paper has now been released online (*Lancet February 26, 2025*).
- This open-label, blinded endpoint, randomized trial of 319 subjects with AF and prior ICH conducted in 6 European countries found that while DOACs effectively reduced risk for ischemic stroke, risk for recurrent ICH was higher, and the net clinical benefit remains uncertain.
- The study authors concluded that evidence from ongoing trials such as ASPIRE and Enrich-AF remains important. As the only blinded study of this question, ASPIRE is poised to contribute vital information, both in its own right with our target of 700 subjects and as part of future participant-level meta-analyses that will bring together all completed trials to more fully inform treatment of these vulnerable patients.



TEAM	SITE	TEAM	SITE	TEAM	SITE
1	Forsyth Medical Center	8	Houston Methodist Hospital		OSU Wexner
	Memorial Hermann Texas		Stony Brook University		Prisma Health Greenvil
	UVA Medical Center		University of Illinois Hospital		University of South Ala
	Barnes Jewish Hospital	9	Cox Medical Center South	16	Ascension St. John
2	OSF St. Francis		Mercy Hospital St. Louis		MUSC
	University of New Mexico Hospital		Rhode Island Hospital		University of Alabama
	Cleveland Clinic Akron General	10	Arrowhead Regional		
3	NewYork-Presbyterian Brooklyn		Massachusetts General		
	UC Davis		Saint Alphonsus Regional		
	Central DuPage Hospital	11	New Hanover Regional		
4	OU Medical Center		Stanford University		
	Tufts Medical Center		WellStar Kennestone		
	Munson Medical Center	12	Providence St. Vincent		
5	University of Colorado Hospital		St. Cloud Hospital		
	University of Utah Healthcare		University of Iowa		
6	Lahey Hospital	13	Boston Medical Center		
	University of Minnesota		Hartford Hospital		
	Methodist University Hospital		North Shore University		
7	Cleveland Clinic	14	Kaiser Perm Sacramento		
	Grady Memorial Hospital		Penn State Hershey		
	Yale New Haven Hospital		University of Kansas		

# ---*Friendly* REMINDERS--

- ✓ Continuing review materials need to be returned by Friday, 3/14. Please send a completed CR form and fCOI for your site PI (and any other team members with a positive financial disclosure).
- ✓ If your blood draw kit is expiring, new supplies will be mailed out 3/17-3/18. Please CONFIRM address in WebDCU>Site Management>Lab kit shipping address is CORRECT.
- If you need ASPIRE Brochures (*English or Spanish*), wallet alert cards, I/E pocket cards, BP monitors, pill organizers, please send request to ASPIRE@yale.edu.

# ASPIRE CONTACT INFORMATION ASPIRE@YALE.EDU 24/7 Hotline (800)618-0643 Principal Investigators Kevin Sheth (443)615-4729 Hooman Kamel Program Managers Cristina Francois [NCC] (513)558-3960 Catherine Viscoli [Yale] (203)927-0443

nville Alabama

# RANDOMIZATIONS BY RCC AND SITE - 2025 & OVERALL

SITE	2025 TO			SITE	2025	TOTAL
Cleveland Clinic			U Cincinnati	Good Samaritan Hospital		
Cleveland Clinic Akron General		1		OSU Wexner		3
MetroHealth Medical Center UH Cleveland		3 4		University of Louisville Hespital		2
			U Iowa	University of Louisville Hospital University of Iowa		8
WVU Healthcare Ruby						3
Kings County NYP Columbia University			U Miami	University of Nebraska		_
NYP Weill Cornell		3		Jackson Memorial Hospital Mayo Clinic		1
NewYork-Presbyterian Brooklyn				Morton Plant Hospital		5
SUNY Upstate Medical University	1	4		Tampa General Hospital		2
Strong Memorial Hospital				UF Health Jacksonville		
Westchester Medical Center			U Michigan	McLaren Flint		1
Bon Secours St. Mary's Hospital			- C i ii Giii giii i	McLaren Macomb		1
Duke University Hospital				Munson Medical Center	1	1
University of North Carolina		3		Penn State Hershey		1
Emory University Hospital		8		University of Kentucky Hospital		2
Grady Memorial Hospital		4	U Minnesota	Abbott Northwestern Hospital		2
Augusta University		3		Avera Research Institute		
MUSC		4		HealthPartners Methodist Hospital		1
Moses H. Cone		5		University of Minnesota	1	7
Prisma Health Greenville	3	8		Regions Hospital		1
Baystate Medical Center		3		St. Cloud Hospital	1	3
Beth Israel Deaconess		2		University of Kansas Hospital		3
Boston Medical Center		6	U Penn	University of Pennsylvania		6
Lahey Hospital &		2		Jefferson Abington Hospital		3
Massachusetts General Hospital		4		Temple University Hospital		2
The University of Vermont			U Pitt	UPMC Presbyterian Hospital		7
Tufts Medical Center	1		U Utah	Banner University - Tucson Campus		2
UMass Memorial		1		Harborview Medical Center		8
Inova Fairfax Hospital		3		PeaceHealth Sacred Heart - RiverBend		2
MedStar Georgetown		4		Saint Alphonsus Regional - Boise		
UVA Medical Center		2		University of Utah Healthcare		1
VCU Medical Center			UAB	University of Alabama Hospital		8
Buffalo General		1		University of South Alabama		1
Maimonides Medical Center			UCLA	Arrowhead Regional		1
Montefiore Medical Center  Mount Sinai West		1		Cedars-Sinai		3
NYC Health + Hospitals/Elmhurst		3		Doctors Modesto  Kaiser Permanente Fontana		3
NYU Langone Hospital - Brooklyn		6		Kaiser Permanente Los Angeles		2
Stony Brook		2		PIH Health Hospital - Whittier		3
The Mount Sinai Hospital		1		Ronald Reagan UCLA		
OU Medical Center		5		St. Jude		
University of New Mexico Hospital		7		UC Davis		7
Ascension Sacred Heart Pensacola		4	-	UC Irvine		11
Baptist Health Lexington			UCSD	Ochsner - Main Campus	1	4
Cleveland Clinic Tradition Hospital		1		St. Joseph's Hospital and		
Danbury Hospital			UCSF	Kaiser Permanente Redwood City		5
Evanston Hospital				Kaiser Permanente Sacramento	2	7
Geisinger Medical Center		1		San Francisco General Hospital		1
Hackensack University	1	2		The Queen's	1	5
Mercy Hospital Springfield			UTHSC Houston	Ascension St. John		3
Mercy Hospital St. Louis				Fort Sanders Regional		
NCH Hospital		1		Houston Methodist Hospital		1
Overlook Medical Center				Memorial Hermann Texas		2
Semmes Murphey Main Campus				U Texas HSC San Antonio		2
Vassar Brothers			Wake Forest	Forsyth Medical Center		
WellStar Kennestone Hospital		2	+	New Hanover Regional		2
Mercy San Juan		2		Wake Forest Baptist		22
Oregon Health & Science			Washington University			4
Providence St. Vincent		1		Cox South		3
Stanford University		2		Methodist University Hospital		2
Central DuPage Hospital		2		OSF St. Francis		3
Froedtert Hospital				University of Missouri Health Care		
·	1 1	1	Yale	Hartford Hospital		1
Loyola University						
Rush University		4		North Shore	1	8
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