

# May Newsletter

Thank you to the following sites for the month  
of May randomizations

SITE	TEAM
Rancho Los Amigos National Rehabilitation Center, Downey CA	Marielena Meza & Susan Shaw MD
University of New Mexico Hospital, Albuquerque NM	Erin Rael & Omar Hussein MD
Avera Research Institute, Sioux Falls SD	Cassidy Kaiser & William Rossing MD
University of Mississippi, Jackson MS	Thomas Hudson & Kunal Bhatia MD
UH Cleveland Medical Center, Cleveland OH	Melissa Miller, Mary Andrews, & Sophia Sundararajan MD
Methodist University, Memphis TN	Thomas Kerby & Balaji Krishnaiah MD 2X
UF Health Jacksonville, Jacksonville FL	Yasmeen Shabbir, Asad Aftab, & Benjamin Alwood MD 3X
UC Davis, Sacramento CA	Duyen Dao-Tran & Kwan Ng MD
McLaren Flint, Flint MI	Mackenzie Thrower, Kiona Graham, & Mahmoud Rayes MD 3X
University of Nebraska Medical Center, Omaha NE	Jeanne Welte & Pierre Fayad MD 2X
Ascension St. John Medical Center, Tulsa OK	Elvis Tamo & Rahul Rahangdale MD

## In this newsletter you can expect:

Coordinator  
Spotlight

Sleep SMART  
GPT virtual  
assistant

Reminders

Magnet mask  
guidance

Nox T3 dummy  
test

Contacts

SITE	TEAM
University of Cincinnati, Cincinnati OH	Ranjaka Gunawardena & Natalie Kreitzer MD
Maimonides Medical Center, Brooklyn NY	Maryna Mootoo & Qingliang Wang MD
OSU Wexner, Columbus OH	Myah Mahayri & Sushil Lakhani MD 2X
Sarasota Memorial Hospital, Sarasota FL	Flora Arevalo & Mauricio Concha MD 2X
Carolinas Rehabilitation, Concord NC	Christine Patino & Nicole Rup MD
UVA Medical Center, Charlottesville VA	Allison Ramsey & Nina Solenski MD 2X
Memorial Hermann Texas Medical Center, Houston TX	Ariana Victoria Aquino Hernandez & Anjail Sharrief MD
North Shore, Manhasset NY	Kirendra Pasram, Vishal Mehta, & Rohan Arora MD
Kaiser Permanente Fontana Medical Center, Fontana CA	Kimberly Cortez & Conrad Liang MD
Barnes Jewish Hospital, St. Louis MO	Jennifer Babka, Angela Wolford, & Eric Landsness MD
Prisma Health Richland Hospital, Columbia SC	Phil Fleming & Souvik Sen MD
Saint Luke's Hospital of Kansas City, Kansas City MO	Sophia Fike, Christine Kennish, & Karin Olds MD
Hartford Hospital, Hartford CT	Radu Radulescu & Francoise Roux MD
Henry Ford, Detroit MI	Teresa Long & Angelos Katramados MD
Chandler Regional, Chandler AZ	Allegra Sahelian & Dan Capampangan MD

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## Coordinator of the month: Allegra Sahelian from Chandler Regional Medical Center AZ

The Sleep SMART team has had the pleasure of working with Allegra for the last 2 years. In this time, she has consistently been a top performer. Not only is she a top enroller study wide, but she always goes above and beyond after randomization. Everyone at FusionHealth, NDMC, and NCC loves working with her.

Her team is thrilled and incredibly proud that she has been recognized as the Coordinator of the Month for her exceptional contributions to Sleep SMART. Allegra's tireless work and unwavering commitment have been instrumental in the success of Sleep SMART at Chandler Regional Medical Center and Mercy Gilbert Medical Center.

As a research nurse, Allegra has demonstrated remarkable expertise in managing the complexities of Sleep SMART. Her meticulous attention to detail ensures that all aspects of the research are conducted with the highest standards of accuracy and reliability. She consistently goes above and beyond, whether it's in patient recruitment, data collection, or ensuring compliance with study protocols.

Allegra's dedication extends beyond the technical aspects of her role. She has a unique ability to connect with study participants, providing them with the support and information they need to feel comfortable and valued throughout their participation. Her compassionate approach not only enhances participant retention but also enriches the overall quality of the study data.

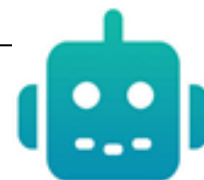
Colleagues and participants alike commend Allegra for her professionalism and proactive problem-solving skills. Her hard work, dedication, and passion for research are truly inspiring, and we look forward to her continued success and contributions.



NEXT WEBINAR	PREVIOUS WEBINARS
June 10th at 12pm ET	<a href="https://www.nihstrokenet.org/trials/sleep-smart-trial/webinars">https://www.nihstrokenet.org/trials/sleep-smart-trial/webinars</a> Password: Sleepy

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# Sleep SMART GPT



We wanted to remind you again about the Sleep SMART GPT. This is a virtual assistant that can answer questions for you. Please bookmark this URL:

[https://docsbot.ai/chat/n6lkSeOBfWo1Oc63RXmw/hxKF2vgUzUsoiHs91lyU\\_](https://docsbot.ai/chat/n6lkSeOBfWo1Oc63RXmw/hxKF2vgUzUsoiHs91lyU_)

The link is also on our website under the research tab (<https://www.nihstroke.net.org/trials/sleep-smart-trial/research-team>).

We have upgraded it to the brand new GPT 4o, so its capabilities are even better now.

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## Submitting CRF data

Help

Submit CRF

Edit CRF

View Audit Trail

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As a reminder that when you update your data or respond to a DCR in WebDCU, you will need to submit the CRF afterwards.

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# Mask Guidance

As a reminder, you may use the N20 and F20 masks for participants who qualify for their use. If you do, you must provide the CIRB approved information sheet on these masks. The information sheet states important information regarding the magnets in these masks and possible precautions patients should take.

## **Updated Contraindications**

Masks with magnetic components are contraindicated for use by patients where they, or anyone in close physical contact while using the mask, have the following:

- Active medical implants that interact with magnets (i.e., pacemakers, implantable cardioverter defibrillators (ICD), neurostimulators, cerebrospinal fluid (CSF) shunts, insulin/infusion pumps)
- Metallic implants/objects containing ferromagnetic material (i.e., aneurysm clips/flow disruption devices, embolic coils, stents, valves, electrodes, implants to restore hearing or balance with implanted magnets, ocular implants, metallic splinters in the eye)

## **Updated Warning**

Keep the mask magnets at a safe distance of at least 6 inches (150 mm) away from implants or medical devices that may be adversely affected by magnetic interference. This warning applies to you or anyone in close physical contact with your mask. The magnets are in the frame and lower headgear clips, with a magnetic field strength of up to 400mT. When worn, they connect to secure the mask but may inadvertently detach while asleep.

Implants/medical devices, including those listed within contraindications, may be adversely affected if they change function under external magnetic fields or contain ferromagnetic materials that attract/repel to magnetic fields (some metallic implants, e.g., contact lenses with metal, dental implants, metallic cranial plates, screws, burr hole covers, and bone substitute devices). Consult your physician and manufacturer of your implant / other medical device for information on the potential adverse effects of magnetic fields.

Please email Kayla or Joelle if you require the CIRB approved information sheet. The sheet can also be found in WebDCU in the Toolbox. Document #121 *Letter for current participants who were given N20 or F20 masks.*

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## Nox T3 dummy test if no recent enrollments

Friendly reminder: if your T3 kit has been unused for 2 months, you must complete a Dummy Test before attempting to test a subject. This ensures that the Pulse Ox pairs, the belts work, and the device is properly functioning before testing an actual subject. The test should only need about 5 minutes of data on someone fully hooked up to the device in order to prove functionality. You must then upload the test to KOEO. Below you will find a picture of how a dummy T3 should be created in KOEO.

### Create Test Dummy Subject

Enter information into the highlighted fields then click "Save" icon at the top right:

The screenshot shows the 'Create New Patient' form in the SleepCharge system. The form includes the following fields and their highlighted status:

- Patient Name:** Title (dropdown), First (text input, highlighted in green), MI (text input), Last (text input, highlighted in red), Suffix (text input).
- Date of Birth:** Month (text input, highlighted in green), Day (text input, highlighted in green), Year (text input, highlighted in green).
- Identification:** Identification (text input, highlighted in red), MR (text input), External MR (text input).
- Payer Relationship:** Payer Relationship (required) (dropdown menu, currently set to 'Subscriber').

A red arrow points from the text above to the 'Save' icon in the top right corner of the form.

All dummy test data MUST have a last name and Identification of **Delete** to prevent the data from being sent to MUSC. First name and DOB can be whatever you like.

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# Sleep SMART Contacts



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## Sleep SMART tech support

[sleepsmarttechsupport@noxhealth.com](mailto:sleepsmarttechsupport@noxhealth.com)

8am to 7pm ET M-F: 1- 404-480-5149 ext 4006

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