
SLEEP SMART NEWSLETTER

Sleep for Stroke Management and Recovery Trial

March & April randomization's:

- Brooks Rehab, FI
- Moses H Cone, NC
- Sarasota Memorial, FL
- Valley Baptist, TX
- Oregon Health and Science, OR
- NYU Langone
- North Shore, NY
- Cedars Sinai, CA
- Loyola, IL
- SUNY Upstate, NY
- WVU Ruby Memorial, WV
- St. Joseph Hospital, AZ
- University of Chicago, IL
- Methodist University, TN
- St. Mary's Grand Junction, CO
- Memorial Hermann, TX
- Mayo Clinic Jacksonville, FL
- Yale New Haven, CT
- NYP Columbia, NY
- USCD La Jolla, CA
- Cleveland Clinic, OH
- Prisma Health Palmetto, SC
- Barnes Jewish, MO
- Providence St. Vincent, OR
- University of Vermont, VT
- University of Cincinnati, OH
- Tampa General, FL
- UT Southwestern, TX
- Massachusetts General, MA
- Henry Ford, MI
- Wake Forest, NC
- George Washington Hospital, DC
- Maimonides Medical, NY
- University of Wisconsin, WI

Current trial numbers

Total consented: 1511

Total randomized: 503

Sites currently released to enroll: 94

Big News!

Helgi Helgason is transitioning to a new role and will no longer be supporting Sleep SMART starting May 1st.

For technical support regarding KOEO, T3 devices, or any other technical process related to SleepSMART, please send an email to sleepsmarttechsupport@noxhealth.com

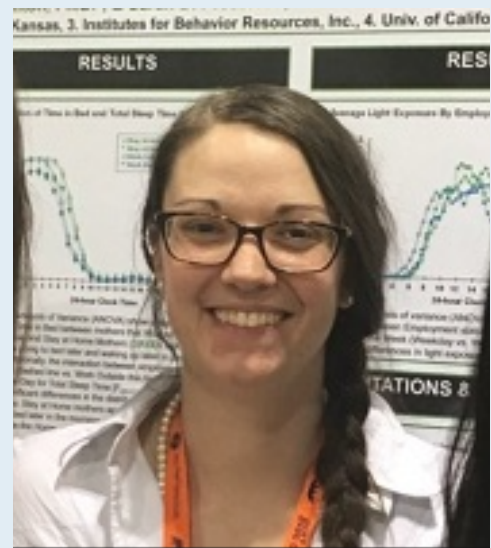
For phone calls regarding technical support within normal business hours, please continue to use the 404-480-5149 ext. 4006.



New FusionHealth team members



Jackie Barrett
Clinical Research Assistant



Dr. Lauren Waggoner
Clinical Research Director

Reminders

- Blinded assessors need to be listed on your DOA. If you have questions about their trainings, please reach out to Kayla.
- Please use the consent checklist when consenting all subjects. If your site has a local checklist, please fill out both.
- Please print the 6 FusionHealth MOPs we have. They are located on our website and in the WebDCU Toolbox. These are great step by step guides on using KOEO, the T3, and CPAP.
- If you consent a subject, please obtain baseline information on them as soon as possible.



Scripts and myAir

- We have created scripts that are now CIRB approved. These scripts are designed to: (1) take the pressure off of the coordinators to know what to say at each stage of Sleep SMART, (2) standardize communication with subjects across sites, (3) provide information to participants in the most empathetic and motivating way. You can find the scripts in the WebDCU toolbox under Project documents. Please start to use them as soon as you are able to.
- myAir is an app that is freely available to intervention subjects to track their CPAP use and may be a valuable tool for them. The scripts will help you introduce the app to intervention subjects. Please offer to help subject or LAR enroll in MyAir (myair.resmed.com) so he or she can track PAP use independently
*This is a ResMed app (subject to ResMed privacy policy) that participants can use for free because we're providing the ResMed S10 automatically adjusting CPAP device (MyAir not an official part of Sleep SMART)

**Please visit our Sleep SMART website to find helpful study-related materials and previously recorded webinars:
<https://www.nihstrokenet.org/sleep-smart-trial/home>**

Inpatient CPAP use

- Daily check-ins with intervention subject
 - Ask about any difficulties
 - Check front panel of PAP machine for usage hours and offer positive feedback to subject
 - Engage the RT or sleep tech for answers or solutions
- FusionHealth Care Team is available to discuss any problems and help troubleshoot, so feel free to reach out!
Phone: 470-655-6688
- Praise the subject for small improvements
- Offer to help subject or LAR enroll in MyAir (myair.resmed.com) so he or she can track PAP use independently

Next Webinar

No May
webinar! We will
see you on the
June 7th
Investigator
meeting!

3 and 6 month visits

The 3-month mRS is a primary outcome for Sleep SMART. Please complete all 3-month assessments within window, which has now been expanded. The target is still 90 days from randomization, but the window now runs from -30 days to +30 days. The earlier start for this window is designed to take better advantage of any opportunities for overlap with post-hospitalization follow-up visits scheduled for clinical purposes. However, the outcome assessments can be done by phone, if necessary, and should be completed by a blinded assessor if possible. Participants receive \$75 for the 3-month assessment, and \$75 for the 6-month assessment!!

Contacts

Eligibility criteria questions: 9am to 8pm ET: sleepsmart@umich.edu

Fusionhealth (Nox T3, KOEO, aCPAP, Masks): 9am to 5pm ET: 1-404-480-5149 ext 4006 or sleepsmarttechsupport@noxhealth.com

WebDCU emergency randomization hotline: 1-866-450-2016

Project Managers: Kayla Novitski kcgossel@med.umich.edu and Joelle Sickler sicklejb@ucmail.uc.edu

WebDCU help: Jocelyn Anderson anderjoc@musc.edu and Faria Khattak khattak@musc.edu

Regulatory help: Emily Stinson stinsoey@ucmail.uc.edu

| Sites | FH DUA | FH Consignment | CTA | CRIB Approval | Sites | FH DUA | FH Consignment | CTA | CRIB Approval | Sites | FH DUA | FH Consignment | CTA | CRIB |
|---|--------|----------------|-----|---------------|---|--------|----------------|-----|---------------|---|--------|----------------|-----|------|
| R01 Case Western Reserve University | | | | | R11 University of California Los Angeles | | | | | R20 University of Pittsburgh | | | | |
| Mercy Health - St. Vincent Medical Center | | | | | Cedars Sinai Medical Center | | | | | UPMC Presbyterian Hospital | | | | |
| Cleveland Clinic, Cleveland | | | | | Kaiser Permanente Los Angeles Medical Center | | | | | St. Luke's University Hospital - Bethlehem Campus | | | | |
| UH Cleveland Medical Center | | | | | Ronald Reagan UCLA Medical Center | | | | | R21 The University of Texas Health Science Center at Houston | | | | |
| MetroHealth Medical Center | | | | | UC Irvine | | | | | Memorial Hermann-Texas Med Center | | | | |
| Ruby Memorial Hospital | | | | | Kaiser Permanente Fontana Medical Center | | | | | TIRR Memorial Hermann | | | | |
| R02 Columbia University | | | | | University of New Mexico | | | | | University of Texas Southwestern | | | | |
| NYP Columbia University Medical Center | | | | | Doctors Medical Center of Modesto | | | | | University Health Shreveport | | | | |
| Buffalo General Medical Center | | | | | Olive View- UCLA Medical Center | | | | | R22 University of Utah | | | | |
| SUNY Upstate Medical University | | | | | Orange County Global Medical Center | | | | | Intermountain Medical | | | | |
| Strong Memorial Hospital | | | | | R12 University of California San Diego | | | | | St. Mary's Grand Junction CO | | | | |
| R03 Emory University | | | | | UCSD Health La Jolla | | | | | Banner University Medical-Phoenix | | | | |
| Grady Memorial Hospital | | | | | UCSD Medical Center - Hillcrest | | | | | Banner University Medical-Tucson | | | | |
| R04 Massachusetts General Hospital | | | | | Dignity Health- St. Joseph Hospital | | | | | University of Utah Health | | | | |
| Beth Israel Deaconess Medical Center | | | | | Desert Regional Medical Center | | | | | R23 University of Washington | | | | |
| Massachusetts General Hospital | | | | | Chandler Regional Medical Center | | | | | Evergreen Health Medical Center | | | | |
| Tufts Medical Center | | | | | Ochsner Medical Center | | | | | Virginia Mason Medical Center | | | | |
| Eastern Maine Medical Center | | | | | R13 University of California San Francisco | | | | | Harborview Medical Center | | | | |
| Baystate Health | | | | | John Muir Concord Campus | | | | | R24 University of Wisconsin | | | | |
| Brigham and Women's Hospital | | | | | John Muir Walnut Creek Campus | | | | | University of Wisconsin University hospital | | | | |
| Boston Medical Center | | | | | UCSF Helen Diller Medical Center | | | | | Gundersen Lutheran Medical | | | | |
| UVMC Main Campus (Vermont) | | | | | R14 University of Cincinnati | | | | | Marshfield Clinic Health System | | | | |
| R05 Medical University of South Carolina | | | | | University of Louisville Hospital | | | | | R26 University of Alabama at Birmingham | | | | |
| Greenville Hospital System | | | | | University of Cincinnati Medical Center | | | | | UAB Hospital | | | | |
| Palmetto Health Richland | | | | | St. Elizabeth Edgewood | | | | | University of Mississippi Medical Center | | | | |
| Guilford Neurologic Associates (Moses Cone) | | | | | Christ Hospital | | | | | R27 Wake Forest University | | | | |
| MUSC University Hospital | | | | | West Chester Hospital | | | | | Wake Forest Baptist Medical Center | | | | |
| R06 MedStar Health Research Institute | | | | | R15 University of Iowa | | | | | Novant Health Forsyth Medical Center | | | | |
| University of Maryland | | | | | University of Iowa Hospitals & Clinics | | | | | R28 The Washington University | | | | |
| Inova Fairfax Hospital | | | | | University of Nebraska Medical Center | | | | | Barnes-Jewish Hospital | | | | |
| George Washington University | | | | | Sanford Medical Center | | | | | OSF Saint Francis Medical Center | | | | |
| UVA Medical Center | | | | | R16 University of Miami | | | | | St. Louis University Hospital | | | | |
| R07 Icahn School of Medicine at Mount Sinai | | | | | Jackson Memorial Hospital | | | | | Cox Medical | | | | |
| NYU Langone- Tish Hospital Medical Center | | | | | UF Health Shands Hospital | | | | | St. Luke's Hospital of Kansas City | | | | |
| Maimonides Medical Center | | | | | Sarasota Memorial Hospital | | | | | University of Tennessee (Methodist Hospital) | | | | |
| Montefiore Medical Center | | | | | Brooks Rehabilitation Hospital | | | | | R29 Yale University | | | | |
| R08 Northwestern University | | | | | Tampa General Hospital | | | | | Yale-New Haven Hospital | | | | |
| Loyola University Medical Center | | | | | Mayo Clinic Jacksonville | | | | | Hartford Hospital | | | | |
| University of Illinois Hospital and Health sciences | | | | | Baptist Hospital of Miami | | | | | Staten Island University Hospital | | | | |
| Medical College of Wisconsin | | | | | University of Miami Hospital | | | | | North Shore University Hospital | | | | |
| Rush University Medical Center | | | | | R17 University of Michigan | | | | | No RCC | | | | |
| University of Chicago Medical Center | | | | | Detroit Receiving Hospital | | | | | UC Davis | | | | |
| R09 The Ohio State University | | | | | Henry Ford Hospital | | | | | Bridgeport CT | | | | |
| OSU Wexner Medical Center | | | | | Mercy Health Saint Mary's | | | | | Geisinger Clinic PA | | | | |
| R10 Stanford University | | | | | Mary Free Bed Rehabilitation Hospital | | | | | Baylor Scott & White Institute of Rehab TX | | | | |
| Mercy San Juan Medical Center | | | | | University of Kentucky Hospital | | | | | Norton Healthcare | | | | |
| Oregon Health and Science University Hospital | | | | | Western Michigan/Bronson | | | | | Carolinas Medical Atrium | | | | |
| Providence St. Vincent Portland | | | | | McLaren Flint | | | | | Carolinas Rehab Northeast | | | | |
| | | | | | R18 University of Minnesota | | | | | Toledo Hospital | | | | |
| | | | | | United Hospital | | | | | Mayo Clinic Arizona | | | | |
| | | | | | Valley Baptist Medical Center - Harlingen | | | | | Boone Hospital Center | | | | |
| | | | | | University of Minnesota Medical Center | | | | | Penn State Milton S. Hershey Medical Center | | | | |
| | | | | | St. Cloud Hospital/Centracare | | | | | TMC HealthCare | | | | |
| | | | | | Southern Illinois University Memorial | | | | | | | | | |
| | | | | | Mayo Clinic Hospital Rochester - St Mary's Campus | | | | | | | | | |